

Seeking Protection

You may have had support from family or friends. Sometimes family or friends may not understand the danger you and your children may be in. You are the best judge of how safe you are. You can talk to others about your safety.

These suggestions may help:

- Call the Police.
- Apply for a Protection Order.
- Tell friends or your neighbours.
- Tell your employer.
- Believe it isn't your fault.
- See his violence is a crime.
- Feel compassion for yourself and your kids.
- Accept that the abuse has caused you great pain.
- Recognise that you have already done a lot to try to change things.
- See a Counsellor.
- Join a Women's Domestic Violence support group.
- Find out your Legal Rights.

You can ring the

Domestic Violence Prevention Centre 55329 000

- To talk
- To get support
- To seek information
- To arrange to see a counselor
- To join a women's support group
- To ask about brochures / pamphlets
- To arrange speakers for groups

Open Monday, Tuesday
Thursday, Friday
9am—5pm

Wednesdays 9am—1pm

Admin: **5591 4222** Facsimile: **5571 1508**
Website www.domesticviolence.com.au

Other Useful Telephone Numbers

D V Connect Domestic Violence Line
1800 811 811 7 Days, 24hours

Women's Legal Service
1800 677 278

Legal Aid
1300 651 188

Police Prosecutions
55 71 4383

Southport Courthouse
55835 900

Coolangatta Courthouse
55363 133

Never Think his Violence or Abuse is your Fault

Domestic Violence Information for Women



Produced By
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Gold Coast

